



Transcript

Episode 00: Trailer

[moody music plays]

Deep Voiced Announcer: In a world where racism and inequity run rampant, and people are stressed out to the max – one Canadian podcast can solve all these problems...

[sound: record scratch]

[moody music ends]

Rosie: Uh, no. Not even close.

But since this is the trailer for my first ever podcast, I felt I needed something dramatic.

By the way, I find it really weird that I'm recording a trailer for a podcast at all.

A) I never thought I'd be making a podcast.

And B) – they have trailers for podcasts?!

So – what is this podcast about, and why am I doing this?

Well, let's start with the why. And since this is a dramatic trailer, cue the inspirational music, please!

[inspirational music begins]

Rosie: My name is Rosie Yeung, and like many people in 2020, I found myself without a job for the first time in my life. As I thought about what to do next, I decided to take the opportunity to pursue my lifelong passion, which is to fight against social injustice, and advocate for people who can't advocate for themselves.

Frankly, I had no idea where to start. I'm super passionate about this, but I don't have any formal education in it, just a bit of lived experience. I'm a Chartered Accountant and Certified HR leader by profession, and I've used these skills to work in charities and socially responsible organizations to do the work I care about.

I identify as a Chinese-Canadian, and an immigrant, and I've definitely experienced discrimination and exclusion myself – but I also know that I have a lot of privilege. As I began learning more deeply about inclusion and equity, one webinar by an organization called Freedom Road really jumped out at me. Here's a clip from their learning series called "Decolonizing the Bible". The speaker you'll hear is Rev. René August, and she gives this analogy about becoming aware of our own biases and perspectives.



[audio excerpt begins]

Rev. René August: If I looked at a drop of water through a microscope and magnified it by 100, I would see something completely different to what I see in my hand. But I would still be looking at a drop of water. You change the lens, you see something else.

Then you magnify it – I'm just making this up – magnify it by a thousand. Boom! You see something completely different. But what are you looking at? The same thing. It's still a drop of water.

And so, our lens determines what we see, not just what we're looking at.

[audio excerpt ends]

Rosie: So that's how Changing Lenses was born. I started a personal journey to change myself, and how I see the world. Along the way, I've been meeting some amazing Canadians, doing amazing things! Their stories and experiences were so eye-opening that I wanted to find a way to share them with more people. I hope this podcast will be a safe and brave space for voices and views that we don't hear too often, especially Canadian ones.

I believe there's hope for a better life for all of us, and making our world more inclusive, equitable and sustainable plays a big part. So, I warmly welcome you to join me every couple of weeks or so, depending on guest availability, to hear their inspiring stories, and share ideas for real change.

Thanks for listening! I hope you will enjoy this home-made podcast by an accountant who never took physics, let alone sound engineering! So please be patient with any glitches as I learn how to produce an entire podcast, by myself, from scratch.

I'm super excited to bring Changing Lenses to you soon, and if you want a sneak peak, check out the excerpt from the pilot episode, where my guest, a speech language therapist, talks about discrimination in the workplace against the way people speak.

You can also find out more by going to my website, Changinglenses.ca, where you can read my blog, listen to all podcast episodes, and contact me with questions or ideas.

Talk to you soon!

[inspirational music ends]